## SJS SUGGESTED FOOD LIST

## SJS is a Peanut and Tree Nut free school **EXCEPT** in the Cafeteria during <u>lunch time!</u>

- 1) The foods listed below will be allowed in the classroom for <u>snacks only!</u> (Pre-K 2<sup>nd</sup> grade)
- 2) The foods listed below will be allowed for classroom parties as well. (All grades)
- 3) Please read the ingredient label <u>BEFORE</u> buying any food item from this list. If there is a mention of peanuts/tree-nuts (cashews, almonds, walnuts, etc.) anywhere on the ingredient statement....DO NOT BUY!! **Ingredients can change!**

Vegetables	All Fresh			
	Prepackaged food items are required			
Cheese	<ul><li>Hard cheeses</li><li>String cheese</li></ul>			
Crackers	<ul> <li>Keebler: <ul> <li>Town House or Club Crackers</li> </ul> </li> <li>Nabisco: <ul> <li>Ritz</li> <li>Wheat Thin</li> </ul> </li> </ul>			
Specialty Crackers	Keebler:			
Frito-Lay Products/Chips	<ul> <li>Potato Chips</li> <li>Doritos</li> <li>Corn Chips</li> <li>Sunchips</li> <li>Rold Gold Pretzels</li> <li>Cheetos</li> </ul>			
Popcorn	<ul><li>Pirates Booty</li><li>Skinny Pop</li></ul>			
Specialty Chips	Pop Chips (Original, BBQ, Sea Salt) Veggie Straws Donkey Chips Enjoy Life Products:  • Plentils (all varieties)			

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Fruit	<ul> <li>Single serve fresh fruit</li> <li>Single serve fruit snacks</li> <li>Fruit Roll-Ups</li> <li>Single serve cups/pouches (applesauce)</li> </ul>
Yogurt	Prepackaged food items are required
Gelatin	Single serve cups are acceptable  Prepackaged food items are required
Sweet Treats	Kellogg:  Rice Krispie Treats (Original only)  Nabisco:  Chips Ahoy! (Original) Oreo Cookies (Original & Golden) Teddy Grahams Vanilla Wafer Cookies  Enjoy Life Products: Cookies (all varieties) Bars (all varieties) Seed & Fruit Mixes (all varieties)  MadeGood Products: All  Frozen Treats: (only for special events) Popsicle Brand Popsicles Dean's Ice Cream Sandwiches