

SJS SUGGESTED FOOD LIST

SJS IS NOW A PEANUT/TREE-NUT FREE SCHOOL.....There will be no peanut products or tree nut products allowed in the school! This NEW rule includes lunch.

- 1) The foods listed below will be allowed in the classroom for snacks only! (Pre-K - 2nd grade)
- 2) Please read the ingredient label **BEFORE** buying any food item from this list. If there is a mention of peanuts/tree-nuts (cashews, almonds, walnuts, etc.) anywhere on the ingredient statement....DO NOT BUY!! Ingredients can change!

SJS FOOD LIST

Vegetables	All Fresh <i>Prepackaged food items are required</i>
Cheese	<ul style="list-style-type: none"> • Hard cheeses • String cheese
Crackers	Keebler: <ul style="list-style-type: none"> • Town House or Club Crackers Nabisco: <ul style="list-style-type: none"> • Ritz • Wheat Thin
Specialty Crackers	Keebler: <ul style="list-style-type: none"> • Graham Crackers (original) Pepperidge Farm: <ul style="list-style-type: none"> • Goldfish Crackers (original or cheddar) • Goldfish Pretzel Crackers Annie's: <ul style="list-style-type: none"> • Cheddar/Classic/ Graham Bunny Cracker Kraft: <ul style="list-style-type: none"> • Cheese Nips
Frito-Lay Products/Chips	<ul style="list-style-type: none"> • Potato Chips • Doritos • Corn Chips • Sunchips • Rold Gold Pretzels • Cheetos
Popcorn	<ul style="list-style-type: none"> • Pirates Booty • Skinny Pop
Specialty Chips	Pop Chips (Original, BBQ, Sea Salt) Veggie Straws Donkey Chips Enjoy Life Products: <ul style="list-style-type: none"> • Plentils (all varieties)

Fruit	<ul style="list-style-type: none"> • Single serve fresh fruit • Single serve fruit snacks • Fruit Roll-Ups • Single serve cups/pouches (applesauce)
Yogurt	<p>Prepackaged food items are required</p> <ul style="list-style-type: none"> • All yogurts without toppings are acceptable • All single serve yogurts in a pouch/tube are acceptable
Gelatin	<ul style="list-style-type: none"> • Single serve cups are acceptable <p>Prepackaged food items are required</p>
Sweet Treats	<p>Kellogg:</p> <ul style="list-style-type: none"> • Rice Krispie Treats (Original only) <p>Nabisco:</p> <ul style="list-style-type: none"> • Chips Ahoy! (Original) • Oreo Cookies (Original & Golden) • Teddy Grahams • Vanilla Wafer Cookies <p>Enjoy Life Products:</p> <ul style="list-style-type: none"> • Cookies (all varieties) • Bars (all varieties) • Seed & Fruit Mixes (all varieties) <p>MadeGood Products:</p> <ul style="list-style-type: none"> • All <p>Frozen Treats: (only for special events)</p> <ul style="list-style-type: none"> • Popsicle Brand Popsicles • Dean's Ice Cream Sandwiches