

Covid-19 Guidelines

People with Covid-19 have reported a wide range of symptoms – ranging from mild to severe in nature.

Symptoms may appear 2 – 14 days after exposure to the virus.

Symptoms as determined by the CDC:

Fever	Chills	Cough	Fatigue	Muscle or body aches
Headache	Sore Throat	Congestion or runny nose	Stomach ache	Nausea or vomiting
Diarrhea	Shortness of breath	Difficulty breathing	Loss of taste or smell	

- Please keep your child at home if he/she has two or more of the above symptoms.
- All siblings of the sick child must stay home until it is determined that the sick child is not COVID-19 positive.
- Call the Absence Line to report your child's specific symptoms.
- If your child is at school and develops two or more of the above symptoms, he/she will be sent home.
- All siblings of the sick student will also be sent home.

GUIDELINES for the sick child.

If your child becomes sick, they will need to remain at home for **10 days** from symptom onset, must be fever free for 24 hours without fever reducing medications, and other symptoms improved 75% before returning to school **OR** you can call your doctor so he/she can assess your child's symptoms and/or administer a Covid-19 test. For students that see a doctor and it is determined that the illness is **NOT** Covid-19, either through a test or the doctor's diagnosis, the student may return to school when symptoms subside and with a **doctor's note** confirming the negative Covid-19 diagnosis.

Covid-19 Exposure Procedure

1. Contact your physician if your child/family has been exposed to a Covid-19 positive individual for guidance and instruction.
2. Call the Absence Line and notify your child's/children's homeroom teacher(s) to report that your child/children have been exposed to Covid-19.
3. All children that have been directly exposed to Covid-19 and have had "**close contact**" must quarantine for **14 days**. **Close Contact** means: Anyone (with or without a face covering) who was within 6 feet of a confirmed case of Covid-19 (with or without a face covering) for at least 15 minutes.
4. Students may return to school after 14 days, and are symptom free.
5. Siblings of the child that has been exposed to a Covid-19 positive individual may come to school if they are symptom free. (The sibling is considered a secondary contact)

Student and family travel

If a student or a family member travels to a state listed on the [Chicago Quarantine list](#), then all students in that family will be asked to quarantine for 14 days. Please contact your teacher and the front office if you traveled to a state on the quarantine list.

Guidelines for Cohort Quarantine

- If a cohort is under quarantine, all students and teacher in that cohort will remain at home for 14 days.
- All siblings (secondary contacts) of the students in the quarantined cohort may come to school if they are symptom free.
- If the parent(s) does not feel comfortable sending their secondary contacts (the healthy siblings) to school, they too may remain home and quarantine.

Health Office Recommendation

If **anyone** in your household feels they need to be Covid tested, follow these guidelines:

1. Get tested immediately and isolate until you get Covid-19 test results.
2. Do not send any of your children to school until you get Covid-19 test results.
3. If the person in your household is negative and is feeling good (no fever/no Covid-like symptoms), they may return to activities of daily living.
4. If the person tests positive, immediately contact the school and call your physician for further guidance.