



SHOPPING FOR THE TROOPS

PERSONAL HYGIENE ITEMS: High Quality Razors, Deodorant, Shower Gels, Body Lotion, Shampoo/Conditioner (*smaller sizes*), Mouth Wash, Foot Powder, Foot Sprays, Sun Screens, Chap stick, Eye Wash, Ibuprofen, Mucinex, Icy Hot/Cold Patches Dental Floss, Baby Wipes

POCKET SIZED FOOD AND SNACKS: Healthy Snacks, Such As Beef Jerky, Protein Bars, Granola Bars, Nuts, (Roasted Peanuts, Cashews Almonds, Etc.), Sun Flower Seeds, Fruit Snacks, Girl Scout Cookies (*Favorite*), Instant Soup Mixes,

CANDY AND GUM: Brand Name Chewing Gum, Life Savers Rolls, Hard Candy or Heat Tolerant Candy like Swedish Fish, Skittles, Individually Wrapped Licorice, Airheads

POCKET SIZED POWDERED DRINKS: Propel Powder Packs, Protein Drinks Powder, packets Hot Chocolate, Instant Coffee, Lemonade, Emergen-C, ,

MISCELLANEOUS: Quart And Sandwhich Sized Ziploc Bags, Stationary, Envelopes, Dice, Hacky Sacks, Travel-Sized Games, Duct Tape and Socks.

CARDS AND LETTERS EXPRESSING THANKS! Great School or Community Project!

ATTENTION: FAMILIES OF TROOPS DEPLOYED OVERSEAS: Please contact us with their address and cut-off shipping dates so we can mail them.

NO AEROSOLS, BATTERIES, CD'S MAGAZINES, DVD'S, OR LIQUIDS PLEASE!

**Any Questions, contact
Dawn Hedrick (847) 312-7898 Email:
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**FOR MORE INFORMATION:
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