

ST. JAMES SCHOOL FOOD ALLERGY GUIDELINES

1. **St. James School cautions that it is necessary for everyone to understand that an *ALL ALLERGEN-FREE* environment is impossible to achieve, and to expect it is to harbor a false sense of security.**
2. Each student/family is treated individually to maintain the least restrictive environment for a student with a food allergy. The Health Office, the parents/guardians, and the teacher will meet to establish individual guidelines. A written *Individual Health Care Plan* will be established for each student with a life threatening allergy.
3. Due to student privacy policies, St. James School cannot divulge who has a severe life threatening food allergy, however, the parent/guardian is encouraged to inform classmates and their parents.
4. St. James School will provide an *Allergy Free Table* at lunchtime if needed. All *Allergy Free* lunch tables are cleaned before and after each use.
5. **There is absolutely NO sharing of food allowed in the cafeteria during lunch.**
6. Daily classroom snacks and all celebratory classroom treats will be **Peanut and Tree Nut Free**. The **classrooms** and the **library** will remain **Nut Free at all times**. Snacks and Celebratory Treats **must** be chosen from the *St. James School Food List*. This list of food choices can also be found on the St. James website. Foods brought to school, NOT on this list, will be sent back home.
7. Read the label each and every time you purchase a treat from the **FOOD LIST**, as ingredients may change without notice.
8. If you choose not to let your child participate in general classroom treats due to other diagnosed Food Allergies, parents may provide a **safe** alternate treat for their child/children. Parents may bring in the treats ahead of time and the teacher will distribute them when needed. **But remember, the alternate treat still cannot contain peanuts or tree-nuts!**